

Magic is  
something  
you make.



CV  
Suzy Kimpen

## INHOUD

Personal Data.....	2
Strengths.....	2
Things to improve.....	2
Languages.....	2
My vision.....	2
Education.....	3
Career.....	4
Hospital.....	4
Education.....	4
Långstrump Appreciative Coaching.....	5
Books.....	6

## PERSONAL DATA

Surname Kimpen  
First name Suzy  
Date of birth 20/10/1972  
Address Zonneweeldelaan 23/9, 3600 Genk  
Address office Corda Campus 1, INCubator, Kempische Steenweg, 3500 Hasselt  
Mobile 0032/499.70.30.03

mail address [suzy@langstrump.be](mailto:suzy@langstrump.be)  
website [www.langstrump.be](http://www.langstrump.be)

## STRENGTHS

- Enthusiasm
  - Positive mindset
  - Passion for People
  - Grit
  - Reflective
  - Creative
- Strong analytical skills
  - "To the point"
  - Integrity
  - Vulnerability
  - Strong believe in Appreciative Inquiry, Asset-Based Thinking & Transformational leadership

## THINGS TO IMPROVE

Of course I have things to improve and I work on them every day. I've developed a healthy critical reflective attitude and I'm surrounded by great mentors who help me in my growth. I always give the best of myself in everything that I do. Working with my coachees and teams motivates me again and again to push my own boundaries further and further. I've made 'lifelong learning' my mantra.

## LANGUAGES

	speaking	writing	reading	presentations
Dutch	mother language	mother language	mother language	x
German	very good	moderate	very good	x
English	very good	good	very good	x
French	moderate	moderate	good	/
Spanish	moderate	moderate	moderate	/

## MY VISION



## EDUCATION

In this overview I only mentioned the (for me) important educational highlights:

- 1991-1994 AKHIV Antwerpen (Nursing education Antwerp)  
Bachelor's degree nursing
- 1998-1999 Vrije Universiteit Brussel  
Medical & social science
- 2006-2008 KU Leuven (Catholic University of Leuven)  
Master in Nursing" in combination with parts of the "Master of Educational Studies" at the faculty of psychology and pedagogy  
Master's thesis: *'Preceptorship in healthcare detecting :the effectiveness indicators in explorative action research in an OR.(qualitative research)*  
Promotor: Prof. Karel De Witte  
Co-promotor: Prof. Walter Sermeus
- 2011-2013 Consultancy in Groups & Organizations at KU Leuven (Catholic University of Leuven) & UHasselt (University of Hasselt) in co-operation with the MPOD program at Case Western , Cleveland Ohio, USA.  
<https://weatherhead.case.edu/degrees/masters/ms/positive-organization-development-change/>
- Nov.2014 The Appreciative Inquiry Certificate in Positive Business and Society Change, CWRU Weatherhead School of Management, Cleveland, USA
- Oct. 2015 Certificate Conversations that inspire: Coaching Learning, Leadership & Change, CWRU,
- Nov. 2015 Workshop: Napoleon Hill, Transformational leadership and FLOW
- April 2016 Certificate Inspiring Leadership through Emotional Intelligence, CWRU,
- July 2016 Certificate Woman in Leadership, inspiring Positive Change, CWRU,
- Oct. 2016 Certificate Positive Psychology, The University of North Carolina at Chapel Hill,
- Nov. 2016 Certificate Leading Positive Change through Appreciative Inquiry, CWRU,

## CAREER

My career takes place in three areas: hospital, education and my independent practice Långstrump Appreciative Coaching.

### HOSPITAL

#### UZ Leuven (University Hospital Leuven)

01.07.1994-31.08.2000

I started as a OR nurse in neurosurgery and later I went to the department of thoracic surgery, traumatology and transplantation surgery

As of 1997 I became a Mentor for thoracic surgery

01.09.2000- 31.03.2003

- Transplantation coordinator at the department of abdominal transplantation surgery

01.04.2003-31.09.2003

- Manager van het CHT ( Training Centre for surgical technology)

#### LUMC Leiden 01.11.2003-15.12.2003

- OR Nurse

#### UZ Leuven (University Hospital Leuven) 16.01.2004-30.06.2011

16.01.2004- 30.06.2011

- Training manager & NST (Nurse Support Team) for the operating room nurses University Hospitals Leuven
- Staff education and training Operating Room
- Responsible for the permanent training program OR nursing UZL.
- SMART Mentorship training UZL, teacher and co-designer of the program
- Crisis management

#### Ziekenhuis Oost Limburg (Hospitals East Limburg, Genk) 30.06.2011-27.03.2016

- Staff education and training Operating Room

### EDUCATION

I've been a teacher and facilitator in pentad schools for nursing across Belgium. In my own OR I was a preceptor for the students of the Nursing department at the KHLeuven (College for Nursing in Leuven).

KH Leuven 01.09.2005-30.06.2011

- Co-designer new college program
- Teacher & Preceptor

## LÅNGSTRUMP APPRECIATIVE COACHING

Since I became acquainted with Appreciative Inquiry in 2006 during my master studies it's been a part of my life. The encounter with Appreciative Inquiry was life changing and it continues to change my life. Since 2006 I've been studying and looking for new insights, for me it feel like a never ending story.

01.01.2014 – 27.03.2016

I've been an Appreciative Coach but since the first of January 2014 and I started my own practice next to my work as a staff member in the Hospital in Genk..

28.03.2016

On the 28<sup>th</sup> of March I've launched my 100% independent practice and at that moment I left the Hospital. I wanted to dedicated my life to my practice as Appreciative Coach. Since the start of my practice I've coached a large amount of head nurses, teams and CEO's in healthcare.

My future plans:

I'm very happy with my decisions (to become an Appreciative Coach) and it feels good to dedicate my life to my practice and the people that I work with.

In de near future I'm planning to do some action research with the intention to provide healthcare in Belgium with the ingredients that they need to become flourishing enterprises. In other words to make sure that healthcare workers love their jobs so that the patients benefit from it and get the quality care that they need.

## BOOKS

These are a few of my favorite books::

- Baert, H., Gielen, H., Lauwers, B. & Van Bree, L. (2007). *Leren van en met elkaar op de werkplek*. Mechelen, Wolters/Kluwer Belgium NV
- Berg, I.K. & Szabó, P. (2005). *Oplossingsgericht coachen*. Amsterdam, Thema.
- Bouwen, G., Bouwen, R., Caputo, S., Lambrechts, F. & Grieten, S. (2007). *Van bezieling tot beweging, de waarderende benadering toegepast*. Genk, Stebo.
- Bommerez, J. & van Zijtveld, K. (2013). *Kun je een rups leren vliegen?*. Steenwijk, Nieuwe Dimensies.
- Brown, B. (2012). *Daring Greatly*. Gotham books.
- Brown, B. (2015). *Rising Strong*. Gotham books.
- Bushe, G.R. (2010). *Clear Leadership, sustaining real collaboration and partnership at work*. London/Boston, Davies-Black.
- Collins, J. (2007). *Good to great, waarom sommige bedrijven een sprong vooruit maken en andere niet*. 14<sup>de</sup> druk, Amsterdam/Antwerpen, Business Contact.
- Cooperrider, D., Whitney, D. & Stavros, J.M. (2008). *Appreciative Inquiry handbook for leaders of change*. Ohio, Crown Custom Publishing & San Francisco, Berrett-Koehler Publishers.
- Cosgrove, T. (2014). *The Cleveland Clinic Way*, McGraw-Hill Education.
- Cramer, K.D. & Wasiak, H. (2006). *Change the way you see everything, through Asset-Based thinking*. Cramer Institute & The Concept Farm.
- Csikszentmihalyi, M. (2008). *Flow, the Psychology of optimal experience*, HarperCollins Publishers Inc.
- Frederickson, B. (2011). *Positivity, groundbreaking research to release your inner optimist and thrive*, London, Oneworld publications.
- Fry, R.E. & Barrett, F.J. (2008). *Appreciative Inquiry, A positive approach to Building Cooperative Capacity*. Taos Institute Publications.
- Kaplan, R.S. & Norton, D.P. (2007). *Balanced Score card, strategie vertaald naar actie*, 2<sup>de</sup> druk, Amsterdam/Antwerpen, Business Contact.
- Mintzberg, H. (2006). *Mintzberg over management, de wereld van onze organisaties*. 14<sup>de</sup> druk, Amsterdam/Antwerpen, Business Contact.
- Laszlo, C. & Brown, J.S. (2014). *Flourishing Enterprises, The new spirit of Business*, Stanford, Stanford Business Books.
- Orem, S., Binket, J. & Clancy A.L. (2007). *Appreciative Coaching, A positive Process for Change*. San Francisco, Jossey-Bass.
- Senge, P. (2005). *De dans der verandering, nieuwe uitdagingen voor de lerende organisatie*, 4<sup>de</sup> druk, Den Haag, Solu.
- Senge, P. (2006). *The fifth discipline, the art of practice of learning organization*. London, Random House Business books.

- Seligman, M. (2011). *Flourish, a new understanding of Happiness & Well-being and how to achieve them*, London, Nicholas Brealey Publishing.
- Schein, E.H. (2006). *Proces advisering over de ondersteunende rol van de adviseur en het opbouwen van samenwerking tussen adviseur en cliënt*. Den Haag, Academic Service.
- Schein, E.H. (2013). *Humble Inquiry, the gentle art of asking instead of telling*, Oakland, Berrett-Koehler.
- Schein, E.H. (2016). *Humble Consulting, how to provide real help faster*. Oakland, Berrett-Koehler.
- Spiegelman, P. & Berrett, B. (2013). *Patients come second*. New York, An Inc.Original.
- Thatchenkery, T. & Metzker, C. (2006). *Appreciative Intelligence, seeing the mighty oak in the acorn, discover the ability behind creativity, leadership and success*. San Francisco, Berrett-Koehler.
- Tielemans, E. (2013). *De kracht van verbindende communicatie op het werk*. Antwerpen, Baskerville.
- Toch, H. (2014). *Happy Profit ga voor winst en wees er trots op*. Leuven, Lannoo campus.
- Torfs, W. (2014). *Werken met hart en ziel*. Leuven, Lannoo campus.
- Van de Vurst, J. (2007). *Respectvol beïnvloeden, van gelijk hebben tot gelijk krijgen*. Antwerpen, Standaard.